



How to Install Wall Pads

EST. **AK** 1990 **ATHLETIC EQUIPMENT**

Please contact customer service if you have any questions
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1. Create a Guideline



The whole installation process is easiest if you can indicate where the top of all the wall pads will be. Using level or a laser guide, create a straight line that is parallel to the floor. The height of this guideline will depend on how far up the wall you will be hanging the wall pads, and the height of your specific wall pads.

2. Find the Stud



Each wall pad should be anchored into at least one stud, use a stud finder to find where your studs are located and make a small mark above your guideline for reference.

3. Install the Wood Back Pad



Before attaching wall pad, squeeze a small amount of liquid nails adhesive (found at most hardware stores) on the back middle portion of wall pad to ensure wall pads will stay firmly and evenly pressed against the wall.



Next, place the wall pad on the wall making sure that the top of the wall pads follow the guideline you have created previously. Now drill the screws through the 1" nailing margin on the top and bottom of the wood back wall pad starting with the places that line up with the studs in the wall. Each wall pad should have 2 or 3 screws on both the top and bottom nailing margins. Repeat this installation process until all wood backed wall pads are nicely lined up, **leaving as little space as possible between wall pads.**